

PCT Flip-Flop Actual Itinerary
Road Walk = R
approx = *
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Town/Resupply
Zero Day

Date	Start	NOBO Mile Marker	End	NOBO Mile Marker	Miles Today	Miles So Far	5 day Avg.	10 day Avg.
Sat, 04/03/21	Walker Pass (Marta)	652.1	Windy Ridge	647.0 *	5.1	5.1	---	---
Sun, 04/04/21	Windy Ridge	647.0 *	Skinner Peak	635.0 *	12.0	17.1	---	---
Mon, 04/05/21	Skinner Peak	635.0 *	Dove Spring Cyn Rd	621.9	13.1	30.2	---	---
Tue, 04/06/21	Dove Spring Cyn Rd	621.9	Landers CG	608.9	13.0	43.2	---	---
Wed, 04/07/21	Landers CG	608.9	Piute Mtn Ridge	595.2 *	13.7	56.9	11.4	---
Thu, 04/08/21	Piute Mtn Ridge	595.2 *	Golden Oaks Spring	583.3	11.9	68.8	12.7	---
Fri, 04/09/21	Golden Oaks Spring	583.3	Tehachapi (Marta)	566.5	16.8	85.6	13.7	---
Sat, 04/10/21	Tehachapi (Marta)	566.5	Tehachapi (Angel)	566.5	0.0	85.6	---	---
Sun, 04/11/21	Tehachapi (Angel)	566.5	Unnamed Pass	553.2 *	13.3	98.9	13.7	---
Mon, 04/12/21	Unnamed Pass	553.2 *	Cottonwood Creek	534.9	18.3	117.2	14.8	---
Tue, 04/13/21	Cottonwood Creek	534.9	Hikertown	517.6 *	17.3	134.5	15.5	13.5
Wed, 04/14/21	Hikertown	517.6	Lake Fire Camp	501.3	16.3	150.8	16.4	14.6
Thu, 04/15/21	Lake Fire Camp	501.3 *	Riverbed Camp	485.6	15.7	166.5	16.2	14.9
Fri, 04/16/21	Riverbed Camp	485.6	Hard Won Camp	468.2	17.4	183.9	17.0	15.4
Sat, 04/17/21	Hard Won Camp	468.2	Aqua Dulce (Marta)	454.5	13.7	197.6	16.1	15.4
Sun, 04/18/21	Aqua Dulce (Marta)	454.5	Acton KOA	444.3	10.2	207.8	14.7	15.1
Mon, 04/19/21	Acton KOA	444.3	North Fork Saddle	436.1	8.2	216.0	13.0	14.7
Tue, 04/20/21	North Fork Saddle	436.1	Mt. Gleason Rd	421.1 *	15.0	231.0	12.9	14.5
Wed, 04/21/21	Mt. Gleason Rd	421.1 *	Sulpher Springs CG	406.6	14.5	245.5	12.3	14.7
Thu, 04/22/21	Sulpher Springs CG	406.6	Islip Saddle	386.1 R	20.5	266.0	13.7	14.9
Fri, 04/23/21	Islip Saddle	386.1 R	Blue Ridge CG	367.1	19.0	285.0	15.4	15.1
Sat, 04/24/21	Blue Ridge CG	367.1	Canyon View	351.2	15.9	300.9	17.0	15.0
Sun, 04/25/21	Canyon View	351.2	Cajon Junction (Wm)	342.1	9.1	310.0	15.8	14.4
Mon, 04/26/21	Home	342.1	Home	342.1	0.0	310.0	---	---
Sat, 05/01/21	Home	342.1	Home	342.1	0.0	310.0	22	14.1
Sun, 05/02/21	Cajon Junction (Becky)	342.1	Trailside Spring	333.1	9.0	319.0	---	---
Mon, 05/03/21	Trailside Spring	333.1	Mojave River View	317.8 *	15.3	334.3	---	---
Tue, 05/04/21	Mojave River View	317.8 *	Deep Creek Camp	301.3	16.5	350.8	---	---
Wed, 05/05/21	Deep Creek Camp	301.3	Little Bear Springs	285.6	15.7	366.5	---	---
Thu, 05/06/21	Little Bear Springs	285.6	Doble Trail Camp	268.6	17.0	383.5	14.7	---
Fri, 05/07/21	Doble Trail Camp	268.6	Big Bear City (hitch)	266.1	2.5	386.0	13.4	---
Sat, 05/08/21	Big Bear City (hitch)	266.1	Arrastre Ridge	253.6 *	12.5	398.5	12.8	---
Sun, 05/09/21	Arrastre Ridge	253.6 *	Mission Creek Camp	236.0 *	17.6	416.1	13.1	---
Mon, 05/10/21	Mission Creek Camp	236.0 *	Whitewater River	220.1	15.9	432.0	13.1	---
Tue, 05/11/21	Whitewater River	220.1	San Jacinto Climb	202.7	17.4	449.4	13.2	13.9
Wed, 05/12/21	San Jacinto Climb	202.7	Fuller Ridge CG	190.5	12.2	461.6	15.1	14.3
Thu, 05/13/21	Fuller Ridge CG	190.5	Idyllwild (side trail)	183.5	7.0	468.6	14.0	13.4
Fri, 05/14/21	Idyllwild (side trail)	183.5	Red Tahquitz Peak	175.4	8.1	476.7	12.1	12.6
Sat, 05/15/21	Red Tahquitz Peak	175.4	Tunnel Spring	158.4	17.0	493.7	12.3	12.7
Sun, 05/16/21	Tunnel Spring	158.4	Nance Canyon	141.0 *	17.4	511.1	12.3	12.8
Mon, 05/17/21	Nance Canyon	141.0 *	Secret Spring Camp	123.8	17.2	528.3	13.3	14.2
Tue, 05/18/21	Secret Spring Camp	123.8	Warner Sprgs Ranch	107.5	16.3	544.6	15.2	14.6
Wed, 05/19/21	Warner Sprgs Ranch	107.5	San Felipe Gate	88.2	19.3	563.9	17.4	14.8
Thu, 05/20/21	San Felipe Gate	88.2	Julian (hitch)	77.0	11.2	575.1	16.3	14.3
Fri, 05/21/21	Julian (hitch)	77.0	Mason Valley FR	62.4	14.6	589.7	15.7	14.0
Sat, 05/22/21	Mason Valley FR	62.4	Flathead Flats	46.4	16.0	605.7	15.5	14.4
Sun, 05/23/21	Flathead Flats	46.4	Boulder Oaks CG	26.0	20.4	626.1	16.3	15.8
Mon, 05/24/21	Boulder Oaks CG	26.0	Border View	8.8	17.2	643.3	15.9	16.7
Tue, 05/25/21	Border View	8.8	Campo (bus)	0.0	8.8	652.1	15.4	15.8
Wed, 05/26/21	Home	0.0	Home		0.0	652.1	---	---
Wed, 06/02/21	Home	0.0	Home		0.0	652.1	24	14.3

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Date	Start	NOBO Mile Marker	End	NOBO Mile Marker	Miles Today	Miles So Far	5 day Avg.	10 day Avg.
Thu, 06/03/21	Sierra City (Marta)	1195.4	Sierra Buttes	1199.5 *	4.1	656.2	---	---
Fri, 06/04/21	Sierra Buttes	1199.5 *	Little Jamison Creek	1216.0	16.5	672.7	---	---
Sat, 06/05/21	Little Jamison Creek	1216.0	Woods Camp	1232.1 *	16.1	688.8	---	---
Sun, 06/06/21	Woods Camp	1232.1 *	Bear Creek Camp	1253.1	21.0	709.8	---	---
Mon, 06/07/21	Bear Creek Camp	1253.1	Bucks Summit	1270.3	17.2	727.0	15.0	---
Tue, 06/08/21	Bucks Summit	1270.3	Caribou Crossroads	1286.9	16.6	743.6	17.5	---
Wed, 06/09/21	Caribou Crossroads	1286.9	Snowy Camp	1298.5	11.6	755.2	16.5	---
Thu, 06/10/21	Snowy Camp	1298.5	Little Cub Spring	1315.8	17.3	772.5	16.7	---
Fri, 06/11/21	Little Cub Spring	1315.8	Chester (hitch)	1331.3	15.5	788.0	15.6	---
Sat, 06/12/21	Chester (hitch)	1331.3	Feather River	1340.7	9.4	797.4	14.1	14.5
Sun, 06/13/21	Feather River	1340.7	Summit Lake CG	1358.0 *	17.3	814.7	14.2	15.9
Mon, 06/14/21	Summit Lake CG	1358.0 *	Old Station	1377.3	19.3	834.0	15.8	16.1
Tue, 06/15/21	Old Station	1377.3	Cache 22	1393.5	16.2	850.2	15.5	16.1
Wed, 06/16/21	Cache 22	1393.5	Burney (hitch)	1411.3	17.8	868.0	16.0	15.8
Thu, 06/17/21	Burney (hitch)	1411.3	Rodent Camp	1412.0 *	0.7	868.7	14.3	14.2
Fri, 06/18/21	Rodent Camp	1412.0 *	Rock-Peavine Rd	1429.3 *	17.3	886.0	14.3	14.2
Sat, 06/19/21	Rock-Peavine Rd	1429.3 *	Moosehead Creek	1447.7	18.4	904.4	14.1	14.9
Sun, 06/20/21	Moosehead Creek	1447.7	Butcherknife Creek	1467.1	19.4	923.8	14.7	15.1
Mon, 06/21/21	Butcherknife Creek	1467.1	Cabin Creek	1484.6	17.5	941.3	14.7	15.3
Tue, 06/22/21	Cabin Creek	1484.6	I-5 (John Ewan)	1501.2	16.6	957.9	17.8	16.1
Wed, 06/23/21	Ewans - Lakehead	1501.2	Ewans - Lakehead	1501.2	0.0	957.9	---	---
Thu, 06/24/21	I-5 (John Ewan)	1501.2	Short Rain Camp	1514.8	13.6	971.5	17.1	15.7
Fri, 06/25/21	Short Rain Camp	1514.8	Porcupine Lake	1531.3	16.5	988.0	16.7	15.4
Sat, 06/26/21	Porcupine Lake	1531.3	Smoky View	1555.0 *	23.7	1011.7	17.6	16.2
Sun, 06/27/21	Smoky View	1555.0 *	Eagle Peak Divide	1571.5	16.5	1028.2	17.4	16.0
Mon, 06/28/21	Eagle Peak Divide	1571.5	Statue Creek	1590.8	19.3	1047.5	17.9	17.9
Tue, 06/29/21	Statue Creek	1590.8	Etna Summit (Marta)	1599.7	8.9	1056.4	17.0	17.0
Wed, 06/30/21	Home	1599.7	Home	1599.7	0.0	1056.4	---	---
Thu, 07/08/21	Home	1599.7	Home	1599.7	0.0	1056.4	26	15.6
Fri, 07/09/21	Etna Summit (bus)	1599.7	Cub Bear Spring	1607.2	7.5	1063.9	---	---
Sat, 07/10/21	Cub Bear Spring	1607.2	Black Marble Mtn	1625.5	18.3	1082.2	---	---
Sun, 07/11/21	Black Marble Mtn	1625.5	Grider Creek	1643.7	18.2	1100.4	---	---
Mon, 07/12/21	Grider Creek	1643.7	Lower Devils Peak	1661.2 *	17.5	1117.9	---	---
Tue, 07/13/21	Lower Devils Peak	1661.2 *	Bear Dog Spring	1676.2	15.0	1132.9	15.3	---
Wed, 07/14/21	Bear Dog Spring	1676.2	Wrangle Gap	1698.3	22.1	1155.0	18.2	---
Thu, 07/15/21	Wrangle Gap	1698.3	Ashland (cab)	1718.0 *	19.7	1174.7	18.5	---
Fri, 07/16/21	Ashland	1718.0	Ashland	1718.0	0.0	1174.7	---	---
Sat, 07/17/21	Ashland (cab)	1718.0 *	Green Springs Mtn	1737.1	19.1	1193.8	18.7	---
Sun, 07/18/21	Green Springs Mtn	1737.1	Big Draw Road	1755.4	18.3	1212.1	18.8	---
Mon, 07/19/21	Big Draw Road	1755.4	Fish Lake Inlet	1773.6	18.2	1230.3	19.5	17.4
Tue, 07/20/21	Fish Lake Inlet	1773.6	Deer Lake Jct	1790.4	16.8	1247.1	18.4	18.3
Wed, 07/21/21	Deer Lake Jct	1790.4	Jack Spring Turn-off	1808.9	18.5	1265.6	18.2	18.3
Thu, 07/22/21	Jack Spring Turn-off	1808.9	Mazama Village	1821.7	12.8	1278.4	16.9	17.8
Fri, 07/23/21	Mazama Village	1821.7	Grouse Hill Camp	1839.2	17.5	1295.9	16.8	17.8
Sat, 07/24/21	Grouse Hill Camp	1839.2	Mt. Thielsen View	1856.1	16.9	1312.8	16.5	18.0
Sun, 07/25/21	Mt. Thielsen View	1856.1	Windigo Pass	1878.3	22.2	1335.0	17.6	18.0
Mon, 07/26/21	Windigo Pass	1878.3	Mountain View	1897.8	19.5	1354.5	17.8	18.0
Tue, 07/27/21	Mountain View	1897.8	Shelter Cove	1906.6	8.8	1363.3	17.0	17.0
Wed, 07/28/21	Shelter Cove	1906.6	Charlton Lake	1925.1	18.5	1381.8	17.2	17.0
Thu, 07/29/21	Charlton Lake	1925.1	Horseshoe Lake	1943.2	18.1	1399.9	17.4	17.0
Fri, 07/30/21	Horseshoe Lake	1943.2	Mesa Creek	1963.0	19.8	1419.7	16.9	17.3
Sat, 07/31/21	Mesa Creek	1963.0	McKenzie Pass	1984.1	21.1	1440.8	17.3	17.5
Sun, 08/01/21	McKenzie Pass	1984.1	Santiam Pass (shuttle)	2000.9	16.8	1457.6	18.9	17.9
Mon, 08/02/21	Home	2000.9	Home	2000.9	0.0	1457.6	---	---
Fri, 08/13/21	Home	2000.9	Home	2000.9	0.0	1457.6	23	17.4

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Date	Start	NOBO Mile Marker	End	NOBO Mile Marker	Miles Today	Miles So Far	5 day Avg.	10 day Avg.
Sat, 08/14/21	Sierra City (Marta)	1195.4	East Meadow CG	1183.5	11.9	1469.5	---	---
Sun, 08/15/21	East Meadow CG	1183.5	White Rock Creek	1167.0	16.5	1486.0	---	---
Mon, 08/16/21	White Rock Creek	1167.0	Benson Hut	1147.6	19.4	1505.4	---	---
Tue, 08/17/21	Benson Hut	1147.6	TRT Junction	1129.7	17.9	1523.3	---	---
Wed, 08/18/21	TRT Junction	1129.7	Between the Lakes	1109.0	20.7	1544.0	17.3	---
Thu, 08/19/21	Between the Lakes	1109.0	S. Lake Tahoe (hitch)	1090.0	19.0	1563.0	18.7	---
Fri, 08/20/21	S. Lake Tahoe (hitch)	1090.0	Carson Pass (hitch)	1074.9	15.1	Skipped	---	---
Fri, 08/20/21	Carson Pass (hitch)	1074.9	Forest Pond	1063.0	11.9	1574.9	17.8	---
Sat, 08/21/21	Forest Pond	1063.0	Noble Canyon	1045.3	17.7	1592.6	17.4	---
Sun, 08/22/21	Noble Canyon	1045.3	Carson River	1025.0	20.3	1612.9	17.9	---
Mon, 08/23/21	Carson River	1025.0	Kennedy Mdws (shuttle)	1016.9	8.1	1621.0	15.4	16.3
Tue, 08/24/21	Kennedy Mdws (shuttle)	1016.9	The Gang's All Here	1003.8	13.1	1634.1	14.2	16.5
Wed, 08/25/21	The Gang's All Here	1003.8	Stubblefield Canyon	982.3	21.5	1655.6	16.1	17.0
Thu, 08/26/21	Stubblefield Canyon	982.3	Smedberg Lake	968.4	13.9	1669.5	15.4	16.4
Fri, 08/27/21	Smedberg Lake	968.4	Glen Aulin	948.3	20.1	1689.6	15.3	16.6
Sat, 08/28/21	Glen Aulin	948.3	Tuolumne Meadows	942.5	5.8	1695.4	14.9	15.1
Sun, 08/29/21	Tuolumne Meadows	942.5	Davis Creek	925.8	16.7	1712.1	15.6	14.9
Mon, 08/30/21	Davis Creek	925.8	Reds Meadow CG	906.6	19.2	1731.3	15.1	15.6
Tue, 08/31/21	Reds Meadow CG	906.6	Mammoth (Marta)	906.6	0.0	1731.3	---	---
TBD	Home	906.6	Home	906.6	0.0	1731.3	17	16.1
Total So Far	04/03/21 thru 08/30/21					1731.3	112	15.5